

Avalanche™

A Sudden Death Bereavement Support Group

“AVALANCHE™ is a bereavement support group for those individuals who have lost a loved due to a sudden death. This program is designed to deal with the issues related to grief, death and dying and is specifically geared towards individuals who have lost a loved one at least six months prior to joining this group.

Facilitating the program will be Amie J. Harris, MSW, LCSW, CT (certified grief therapist), and Maria A. Caruso, MS, CT, LPC of **LIVING WITH DIGNITY™**, a non-profit organization providing psycho-oncology and bereavement support services to individuals and families. Both are members of the Association of Death Education and Counseling (ADEC).

The program will be held weekly for six sessions. There is no cost to attend the program. For details and registration information please contact **Living With Dignity™** at 908-204-8906 or fill out and return the slip below.



PRE-REGISTRATION FOR AVALANCHE™

NAME _____
ADDRESS _____
PHONE _____
E-MAIL _____

Living With Dignity
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